

## School Calendar

March 27- Field Trip to [NC Museum of Art](#)

March 28 - End of Quarter 1

March 31 - April 4 - Spring Break

April 9 - [Inter-Faith Food Shuttle](#)

Every Tues - [BackPack Buddies](#) delivery (See Mr C)

## Message from Mr Cormier, School Counselor

### Family Engagement Event

We had a wonderful and eye-opening Family Engagement event on March 20, 2025, here at Connections Academy Middle School. Family engagement in schools involves educators inviting and collaborating with families to participate in school-related activities, recognizing that strong family-school partnerships are crucial for student success and well-being. Our students did an outstanding job with presenting their inspired African American person with a student run presentation on why the students chose their person who inspires their lives. Our staff noticed the leadership qualities and potential future leaders in some of our students with their enthusiastic presentation, great job to all our students.

### Writing Tip:

A good paragraph includes a topic sentence expressing the main idea. The supporting details make the main idea easier to understand.

### Test-Taking Tip:

Build stamina for reading long passages.

### Wellness Moment:

Sometimes, you might feel angry or frustrated. It's okay to feel these emotions, but you can choose how to respond.

## Special Education Highlight: Ms Cooper

Hello. My name is Jennifer Cooper and I'm one of the Special Education teachers here at Connections. I work mostly with Ms. Sebesan in the Language Arts classes. I've included some tips, resources, and helpful links to help your kids be successful students. Please feel free to reach out to me with any questions or concerns ([jcooper4@wcpss.net](mailto:jcooper4@wcpss.net)).

### 1. Establish a Routine

- Consistent Schedule: Set up a daily routine with designated times for schoolwork, breaks, meals, and relaxation.
- Sleep Schedule: Ensure your child gets enough sleep to stay focused and energized.

### 2. Create a Dedicated Learning Space

- Quiet and Comfortable Area: Choose a spot with minimal distractions.
- Organized Supplies: Keep materials like notebooks, pens, and a computer within reach.

### 3. Encourage Goal Setting

- Daily Goals: Help them write down what they want to accomplish each day.
- Long-Term Goals: Teach them to break larger projects into smaller, manageable steps.

### 4. Use Study Techniques

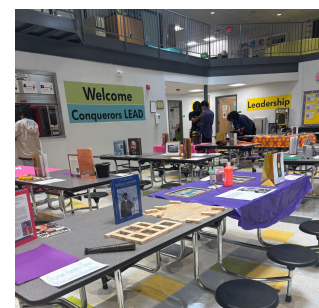
- Active Note-Taking: Encourage color-coded notes to make information memorable.
- Chunking: Break study sessions into smaller blocks with short breaks in between.
- Summarizing: Have them explain what they've learned in their own words.

### 5. Foster Independent Learning

- Self-Assessment: Teach them to review their own work and identify areas to improve.
- Research Skills: Encourage them to explore topics they find interesting.

### Helpful Links:

[Wake County Library Free Online Tutoring Services](#)  
[Khan Academy \(great for Math and Social Studies\)](#)  
[Quizlet Online Flashcard Maker](#)



**Family Engagement Event:**  
Celebrating Black History Month & Women's History Month



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